

Current News

Can you help us Help the Surgery?

Do you have any NEW face masks or goggles that you could donate to us? Or, do you have a 3D Printer that you could print some on?

Any donations can be dropped off at WISTARIA surgery in the foyer.

If you need more info re 3D printing please contact us using the contact form

07/04/2020

Your care if you get ill with Coronavirus

Have you had any thoughts about how what care you would like to receive if you get ill with Covid19? We should all be having a conversation about our wishes, not only for now but for the future.

Here is an excellent video that is worth watching to help you address some difficult questions.

<https://www.youtube.com/watch?v=ePSJTzSowBQ&feature=youtu.be>

06/04/2020

Get the COVID Symptom Tracker

Researchers at Guy, St Thomas' and Kings College Hospitals and the NHS have launched an App to help slow the spread of Covid 19 and identify risk cases sooner.

This is being done by asking anyone to self report your health/symptoms daily, **even if you feel well.**

This idea is to get this App to a lot of people fast to collect data to see the hidden cases, the iceberg if you like we are sailing into.

The app is fully functional and will be refined over the coming days.

By sharing the App it will help to gather data for policy makers to work with.

Initial feedback on the site's inability to register children's symptoms have been forwarded to the investigators. Anything further you can add/any feedback will all help to capture what's going on in the community in addition to what is being captured in tertiary care. It all helps.

No information you give will be used for commercial purposes.

For more information and to get the App visit [www. https://covid.joinzoe.com/](https://covid.joinzoe.com/)

LATEST INFORMATION FOR PATIENTS REGARDING CORONAVIRUS INFECTION

By now you've heard all about coronavirus in the news, especially as it spreads to countries like Italy, Iran and South Korea. The good news is that protecting yourself against COVID-19 (and lots of other seasonal bugs) isn't as complicated as you might think.

There are four main ways you can protect yourself:

- Carry tissues at all times and cover your mouth with a tissue or your arm if you cough or sneeze. Catch it, Bin it, Kill It!
- Wash and sanitise your hands frequently and thoroughly using the WHO recommended hand washing method.
- Avoid touching your face if you haven't washed your hands.
- Avoid contact with people who are ill.

Make sure to stay up to date with the [latest government guidance](#) and travel information to ensure you're aware of any actions you might need to take as the situation develops.

Wistaria and Milford Surgery also have information on their website:
<https://milfordmedicalcentre.com/news.aspx?p=J82139>

09/03/2020

Have you recently attended A&E with a fracture or dislocation, which was not treated by surgery?

A team at The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust (RBCH) are looking for participants for to help develop a research study in emergency care. This is in response to a call by the NIHR, the nation's largest funder of health and care research, aiming to address the inequality in outcomes and research in the field across England.

The Project

The researchers are looking to evaluate the use of a technology known as point of care ultrasound (POCUS) in managing fractures and dislocations in A&E. Ultrasound uses sound waves to look inside the body and so can be used to guide the procedures used to treat these conditions.

Whilst the technology is safe and approved for use these techniques have not been widely adopted across the NHS. Previous studies have generally focussed on one procedure performed by clinicians or hospitals that have an interest in the technology. The team would like to investigate its use across multiple techniques in wider setting.

How can you help?

They would be very interested in hearing you if you have attended A&E with such an injury and it has been treated without surgery at the time.

However the team would also like to understand patients' views on how the research might be designed from those who are interested in or have participated in research studies.

You can contribute in various ways depending on what suits you, including:

- Completing surveys
- Reviewing documents
- Attending focus groups
- If the bid is successful they would like patients and the public to continue to be involved in the project including acting as an advisor to the trial management team.

You will be supported to make sure you understand the technology and planned research methods. Any meetings will be arranged in a way that is convenient to those who wish to be involved which may be outside of working hours or via teleconference, travel costs will be reimbursed and refreshments provided.

Interested?

To find out more, please contact Tim Hickish by email (tim.hickish@rbch.nhs.uk) or phone (01202 962378).

07/02/2020

22/01/2020

Care Quality Commission rates Southern Health as Good

Dear colleague

Tomorrow the Care Quality Commission (CQC) will publish their latest inspection report into Southern Health NHS Foundation Trust. We are pleased to share with you that they have rated the Trust overall as 'Good'.

The inspection took place in October 2019 and looked at the quality of four core services:

- acute wards for adults of working age and psychiatric intensive care units (PICU's)
- child and adolescent mental health wards
- wards for older people with mental health problems
- mental health crisis services and health-based places of safety.

The CQC also looked specifically at management and leadership of the Trust.

I am very encouraged by the report. The 'Good' rating I believe demonstrates the significant progress made at the Trust and reflects the quality of care provided by the staff at Southern Health and their commitment to provide the best possible services to our patients, services users and their families.

The report also shows that **over 90% of Trust services are now rated as good or outstanding**, reflecting the continued progress in improving services and care.

I am incredibly proud of our staff and pleased they have been recognised for their absolute commitment and dedication to deliver the best possible care to those who use our services. I was pleased to see the report identify that staff morale was good and they were proud of Trust.

The report has given us a valuable insight into the areas where we still must improve to ensure all of our services receive at least a good rating. We will be looking closely at the report and taking any necessary actions over the coming months. This will include support to the services that did not achieve the results they were working towards.

This latest inspection is the next step towards Southern Health becoming an outstanding Trust. We will continue to strive to be the best and to provide world class services to the people we care for.

If you would like further information or to discuss this report in more detail, please do not hesitate to get in touch. A copy of the report will be able to download from the CQC website tomorrow.

Thank you for your ongoing support and challenge as we continue to transform and improve our services.

Best Wishes,

Dr Nick Broughton
Chief Executive Officer